

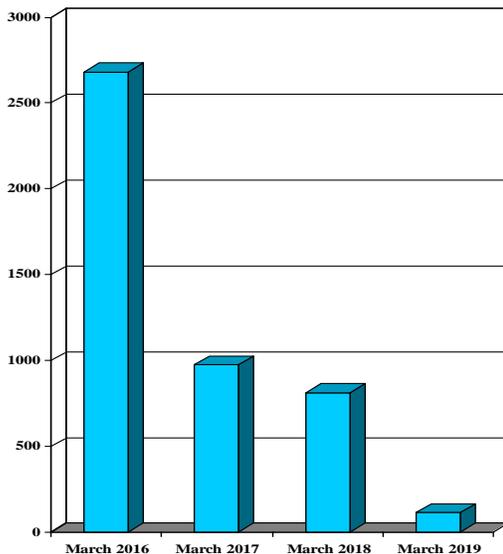
Your Local Health News

Waiting time performance is the best it's been in years!

The Health Board has been working hard to reduce waiting times for patients in Gwent and the results are beginning to show.

Welsh Government performance targets state that patients who need planned treatment or surgery should be given the medical care they need within 26 weeks of being referred – and the Health Board recently reported its best figures since March 2013.

In March 2019, 92% of people waiting for planned treatment or surgery received their care within the target waiting time – and the number of people waiting more than 36 weeks continues to significantly reduce year-on-year.



The Health Board's performance in providing patients with diagnostic tests, such as scans and blood analysis, within the national eight-week target was also met. By the end of March 2019 there were no patients who had been waiting longer than the target time, which represents our best performance since April 2010.

Chief Executive Judith Paget thanked Health Board staff for working hard to bring waiting times down for patients. She said: "Our staff deserve great praise for their efforts to reduce waiting times and we will continue to work hard to deliver the very best care to our patients."

"Waiting to receive medical care or diagnostic tests can be extremely frustrating and worrying, so I'm delighted to see that waiting times in these areas are at the lowest they've been for years and that our patients are receiving timely and high quality care."

More Information on #ClinicalFutures is coming your way!

This month the Health Board will launch the second phase of our communications and engagement campaign to tell local people about the service changes we are making.

Clinical Futures is our programme of work to change the way our NHS services are delivered to make them fit for the future – the culmination of 15 years of planning!

Over the past six months, we have been reminding people about Clinical Futures – and you will soon see messages that further explain the agreed clinical models of care that will be implemented when The Grange University Hospital opens.

This information will specify the services that will be available in each of our hospitals and offer guidance on how patients will access our services in the future.

Please keep an eye on the Health Board's website and social media channels to keep up to date with the latest news and information.



My Local Health Campaign

NHS Direct Telephone Helpline

We're here to help you manage your health and wellbeing. If you're feeling unwell and need some advice, give us a call on **0845 46 47** or visit nhsdirect.wales.nhs.uk

#MyLocalHealth



Pharmacist

I can provide you with expert advice and over the counter treatment for a range of common complaints, including:

- Sore throat
- Nappy rash
- Backache
- Constipation
- Diarrhoea
- Hayfever
- Chicken pox
- Headlice
- Indigestion
- Dermatitis

#MyLocalHealth



Optician

I can help treat your common eye problems. If you're experiencing blurred vision, discharge, double vision or painful eyes, book an appointment now.

#MyLocalHealth



Over the recent months the Health Board has been developing and promoting a primary care campaign 'My Local Health' in order to raise awareness of alternative primary care services and promote alternative options to visiting your GP in the Blaenau Gwent, Caerphilly, Monmouthshire, Newport, Torfaen and South Powys areas.

The campaign has been very successful and has introduced the roles of Care Navigators to the wider public through two explainer videos. These videos encourage the public to seek help and advice regarding their conditions with the appropriate primary care facility to ensure the most effective resolve.

The campaign uses the hashtags **#ChooseWell** and **#MyLocalHealth** and promotes the Clinical Futures ethos of patients receiving the right care, in the right place, at the right time. **Visit our website to find out more**

New prostate treatment

The Health Board has become the first in Wales to offer a pioneering new prostate treatment that dramatically cuts recovery time and reduces the risk of long-term complications.

Prostate Artery Embolisation (PAE) combines the expertise of Urology and Intervention Radiology and has previously only been available to patients suffering from Benign Prostatic Enlargement (BPE) in England.

Not all patients are suitable for PAE – but for those that are it provides an additional treatment option for the Urology team using the very latest techniques, with a renewed focus on preventing long-term negative effects and complications.

One of the key benefits is a diminished recovery time for patients - reducing one-two days in hospital to a day case appointment, supporting the Health Board's Clinical Futures strategy by changing the way services are delivered, providing care closer to home and reducing hospital stays.



Collection of Clinical Waste from Patient Homes

We have made changes to improve the service we provide for the collection of clinical waste from patient homes. Calls and collections are now handled by the Health Courier Service (HCS), who are part of NHS Wales, on behalf of Aneurin Bevan University Health Board.



Patients and carers now need to telephone 0300 123 9208 to arrange waste collection (Monday to Friday between 8.00am and 4.00pm excluding bank holidays). You can now also email your requests [here](#).

You are cordially invited to the Annual General Meeting of Aneurin Bevan University Health Board

on Wednesday 17th July 2019

at 6pm at Health Board Headquarters in Caerleon.

If you have any questions or would like to contact us please email abhb.enquiries@wales.nhs.uk

 Aneurin Bevan University Health Board

 @AneurinBevanUHB